



VEGETARIAN MAIN COURSES

All dishes £4.95 unless otherwise stated.

- Stuffed red peppers w/ spinach, courgette & goats cheese
- Stuffed aubergine w/ ratatouille & mozzarella
- Stuffed aubergine w/ brown rice, med veg & pine-nuts
- Asparagus, Lemon, pea & mint risotto
- Courgette, mushroom & Gorgonzola risotto
- Butternut squash & Parmesan risotto
- Mixed bean & aubergine tagine w/ mint yoghurt
- Jerusalem artichoke & mushroom Pithivier
- Stuffed portobello mushroom
- New potato & vegetable Turkish bake
- Vegetable Paella
- Penne bake w/ mushroom, Gorgonzola & walnut
- Mushroom, leek & cheese pasta bake
- Spinach & ricotta cannelloni
- Roasted Mediterranean vegetable cannelloni w/ fresh tomato sauce
- Mushroom, spinach & ricotta lasagne
- Quiches/tarts
 - Mushroom, thyme & cheese
 - French onion, thyme & Gruyere tart
 - Red pepper, courgette, feta & black olive tart
 - Leek & blue cheese
 - Spinach, feta & pine-nut
 - Artichoke & mushroom
- Frittata
 - Roasted pepper, black olive & mozzarella
 - Artichoke, courgette, cherry tomato & goats cheese
 - Pea, mint & feta
- Butternut squash, sage & pecan pasty £4.25
- Roasted winter vegetable & tofu plait £4.25
- Butternut bean, fennel & cheese bake
- Lentil burger w tomato & parsley salad & curried mayo
- Vegetable & lentil curry
- Chickpea, chilli & coriander stew